

Best Practice I Academic Year- 2017-18

Empowering Life skills of Girl Students through Health Programmes and Computer Literacy: -

Women's empowerment, referring to the empowerment of women in our present society, has become a significant topic of discussion in regards to development and economics. It can also point to approaches regarding other trivialized genders in particular political, economic, social contexts. Our college is committed to try to turn the socio-economical as well as socio-political situation into expected form. The large number of girl students in our college, which is also the great achievement of us, inspires to work in women empowerment stream. Organization recognized the relation between health and education. Institution runs several activities to gain overall social advancement and adding quality resources that may bridge the gap between dimension of socio-cultural existence. It is acknowledged, that our college is one of the leading organizations in community services, due to that college has selected this vital area to make healthy environment for girls in this aboriginal and economical backward place like Digras located in Yavatmal district of Maharashtra state, India.

2: Goal: -

- To make aware and impart knowledge regarding various nutrients present in different food materials and making a balance diet from available foods.
- To give knowledge regarding structure and functions of the body and how to maintain physical and mental fitness.
- To give information about the causes of various common diseases, how they spread and protection from these diseases.
- To encourage the girls to participate in the national programmes of disease awareness control and eradication.
- To give knowledge about personal hygiene and environmental cleanliness.
- To give knowledge about, first-aid and its importance in accidental cases.
- To give the information of government policies and programmers related to empowerment of the girls and women
- To create awareness about Yoga, meditation and exercise in once life.
- To make them able to handle all critical situations in life
- To motivate girls to be vaccinated in order to produce immunity against various diseases.
- To provide better social economic and political treatment to girls.
- To establish nice equation between education and health.

3: Context: -

Health plays a vital role in once life, when it concerns with women then it's being essence of humanity. Our college is committed to change this scenario by giving more focus to women empowerment. Digras is not only economically backward but also an aboriginal place. The locality of Digras is in between, not well developed and not too backward. Large number of girl students in our college showed somewhat progress but they are not well aware about their role in society. This college has co-education system and putting more efforts for gender equality. College has separate Internal Complaints Committee to care about various issues.

In the academic year 2017-2018, college conducted various programmes, activities and workshop. Blood-group testing camp for NCC cadets was arranged. One-day workshop was organized on the topic, 'Awareness Camp on Sexual Harassment of Women at Workplace'. A programme was arranged by our college which carried the title, 'Tips for Healthy Life and Mental Thoughts' which was useful in today's

stressful life style. 'A Breast-Feeding Week' was also celebrated which underlines the importance of breast feeding and tried to spread awareness about it.

All these activities were organised to empower girl students of our college. The health programmes and guest lectures make them aware and it's a way to empower them. It is the best practice of our college to make progress of girl students in current stream.

3) Evidence of Success: -

- 1) In Blood group testing camp about 65 NCC cadets took part.
- 2) In One Day, Workshop was organized on the topic, 'Awareness Camp on Sexual Harassment of Women at Workplace' about 166 girls students participated.
- 3) 132 girl students took advantage of the programme on Tips for Healthy Life and Mental Thoughts.
- 4) About 33 girl students participated in 'Breast Feeding Awareness Programme'

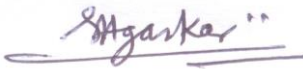
4) Problem Encountered and Resource Required: -

Digras is rural place so that customary practice and conventional methods have become challenge. Transport Service are not enough to arrange this type of programme on huge scale. Inviting experts from outside was also problematic

Collaboration of team member, guidance of leader and alternate sources were worked out to encounter the issues. The institute needs support of local small organizations to do if on a large scale.

5: Contact Details:-

Name of the principal: DR. S.V. Agarkar
Name of Institution: B.B. Arts, N.B. Commerce and B.P. Science College
City :- Digras
Accredited status:- Accredited by NAAC with B Grade (CGPA 2.50)
Website:- www.bbnbbpcollege.org
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**B.B.Art,N.B.Commerce &
B.P.Science College,Digras**

Best Practice II

‘Improving Employability of the Students through Career Counselling and IT Based Resources’

Education aims at all-around development of student’s personality. In other word, students should be good in his profession and at the same time be an ideal citizen. His thinking should be rational. Our college is being devoted as well as committed to produce such kind of citizen in order to make better society to develop nation. Under the above practice college runs and conducts many programmes as well as activities to improve student’s personality and their employability skills. The aim of this practice is the professional, intellectual and moral training of an individual.

2: Goal: -

- To make student aware about various competitive examination like MPSC, UPSC, Banking etc.
- To develop students’ attitude, knowledge and skills for entrepreneurship and self-employment.
- To provide opportunities for professional growth.
- To develop a healthy attitude among students towards work and life.
- To provide study material and better environment for study in college campus.
- To improve personality traits and professional skills.
- To help the students to know better self-interests, abilities, aptitudes and opportunities.
- To assist the student in planning for educational and vocational choices.
- To enable the students to find a job in their own region.
- To improve employability and upgrade skills of students.

3: Context: -

Our organization is one of the leading organizations in community services, due to that college is trying to establish the new dimension of education. It’s our belief that education can work, when it walks with current problems and local problems as a strong answer to it. This practice deals with professional skills, professional ethics, employability, and soft skills.

In the academic year 2017-2018 our college organized various activities and programmes. Rangoli Training Programme was arranged for girl students. Traditional Banjara Dress Making Training Programme was organized in collaboration with MCED Yavatmal. Its duration was for a month. Ice-cream Preparation training programme was also arranged for the girl students. A very innovative program ‘Making Best and Durable from the Waste’ was arranged. An Employment, Self-Employment and Placement camp was also taken. It is the best practice of our college to make students able enough in different streams to achieve success.

A Career and Competitive Exam Guidance Centre of our college is very active. It has arranged a number of lectures and One Day Workshop to guide and direct the students to the competitive examinations of different types. After the inauguration of the Competitive Exam Study Centre, a programme ‘Mission IAS’ was organized. Then there was guidance programme of Lokmat Media Pvt. Ltd. & Unique Academy for the students. A One Day Workshop on ‘Rojgar Nokari Guidance’ was arranged. All these programs received a tremendous response from the college students. They got much benefited from these programs.

4: Evidence of Success: -

- 1) About 79 girl students participated in Rangoli Training.
- 2) Near about 35 participants got benefitted through the Traditional Banjara Dress Making Training Program.
- 3) Ice-Cream Preparation Training was given to 27 girl students.
- 4) In the program 'Making Best and Durable from the Waste' near about 53 girl students participated.
- 5) In Employment, Self-Employment and Placement Camp near about hundreds of participants got benefitted.
- 6) In program 'Mission IAS' 101 students participated.
- 7) In the program 'Lokmat Media Pvt. Ltd. & Unique Academy Guidance' 98 students were participated.
- 8) Inauguration program of Competitive Exam Study Centre, 234 students took part.
- 9) In 'Rojgar Nokari Guidance Workshop' 111 students were participated.

5: Problem Encountered and Resources Required: -

Digras is rural place therefore customary practice and conventional localities were huge challenge. To change the mind set of students for vocational courses was speed- breaker of this programme. Economical condition of student's family is a barrier for the stream. There is lack of training programs and training institutions for students. This is rural area, so that there is lack of industrial sector and business. Farming is main business of people.

Collaboration of team member, guidance of leader and alternate sources were worked out to encounter the issues. Study material was provided to poor students. To overcome these above cited problems, college was taking proper steps to collaborate with various organization

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